

## **ELECTIONS 2010**

### **Call for Nominations**

Position: **Trustee**  
(2 positions)

Only Certified Members of SAATA are eligible to be nominated for the position of Trustee. Any voting member of SAATA can nominate any Certified Member and all nominations must be made in writing to the election chairperson.

Complete nominations in prescribed format should reach the election chairperson latest by **March 15, 2010.**



For election guidelines and nomination form write to [suriya.sunshine@gmail.com](mailto:suriya.sunshine@gmail.com) or visit [www.saata.org](http://www.saata.org)



## **MLT 2010**

Multi Level Training (MLT) was introduced in India by Charlotte Daellenbach, New Zealand and Elana Leigh, Australia in 2001. This is a unique training model involving CTA trainees of all levels, CTAs, PTSTAs and TSTAs experiencing learning in a training format simultaneously at each level. Since the inception of SAATA in 2006 the MLT has been organized under its auspices. The tenth edition of MLT was hosted by Asha Counselling and Training Services in Hotel Park Plaza, Coimbatore on January 9-10, 2010. There were three TSTAs, six PTSTAs (I.A. Mohanraj, Susan George, T.S. Radhakrishnan, Sr.

Candida Kandathil, Annie Cariapa, and Chitra Ravi) and 46 CTA trainees of varied levels of TA training, from 3 months to 9 years. The theme of this year's MLT was 'Ego States'. The program opened with a plenary introduction of participants and the theme. The trainees were divided into three small groups and they met in four small group sessions each over the two days. Each small group session was facilitated by a PTSTA who was observed and given supervision by a fellow PTSTA and who was in turn supervised by a TSTA. On the

### **This Issue**

MLT 2010

Elections 2010

Eric Berne Centenary

MLT 2011

*Continued in page 2*

## MLT 2010

Continued from page 1

Saturday evening, Susan George, C. Suriyaprakash, and T.S.

Radhakrishnan presented a birds-eye-view of the development of the theory of ego states starting from Berne's thoughts to the latest EBMA winning works of Scmid. This was followed by the AGM of SAATA.

There was a mock CTA exam for one of the trainee who is in the verge of taking his oral exam this year. The MLT provided a myriad of experiences to the participants within an action packed weekend. All returned with many answers to the questions they came with and many more new questions for which they would seek answers during the course of their TA training.

Earlier, SAATA hosted its Trainers' Meet on the 8th in the campus of Asha Counselling and Training Services. The BOT meeting of SAATA was held the same evening. Several ambitious decisions were taken in the meeting that charters a clear path for the growth of TA in the South Asian region. This includes a slew of activities to commemorate the Centenary year of Eric Berne.

### WRITE TO SAATA

Please write about your training group, personal journey, work or any creative work by you like poem, article, research paper to SAATA news. Send them to Suriya at [suriya.sunshine@gmail.com](mailto:suriya.sunshine@gmail.com)

## MLT 2010

### List of Participants

#### TSTAs

Saru PK	Coimbatore
Sashi Chandran	Coimbatore
Suriyaprakash C	Coimbatore

#### PTSTAs

Annie Cariapa	Bangalore
Chitra Ravi	Bangalore
Dr. Radhakrishnan T.S.	Chennai
Dr. Susan George	Chennai
Sr.Candida Kandathil	Cochin
Mohanraj I.A.	Coimbatore

#### Trainees

Aruna Gopakumar	Bangalore
Meenakshi.R	Bangalore
Prathitha Gangadharan	Bangalore
Ranjita Chandran	Bangalore
Ravi Keerthi Saradka	Bangalore
Subramanian C.	Bangalore
Suresh K.	Bangalore
Amith.D.Tharad	Chennai
Amrita Nishanth	Chennai
Anu Radha Kannan	Chennai
Dr. Ramgopal	Chennai
Dr.Suchitra Ramakumar	Chennai
Geethan.A	Chennai
Jayashree.S	Chennai
Nishanth.D	Chennai
Rama.S	Chennai
Ramya.G	Chennai
Sumitra	Chennai
Sunitha Ragavan	Chennai
Vijay Kumar.S	Chennai
.Narayanan P.N.L	Coimbatore
Dr. Jayashree K.V.	Coimbatore
Dr.Tamilselvi S	Coimbatore
Gayathri.V	Coimbatore
Krishnaveni.V	Coimbatore
Raguraman K.	Coimbatore
Rangaraj.R	Coimbatore
Sharda Jayaraman	Coimbatore
Anju Wadhwa	Coimbatore
Kumar.R	Hosur
Dr.Janaki H.P	Karnataka
Bajjesh A.R.	Kerala
Preetha Prasad	Kerala
Sebastin	Kerala
Abdul Rasheed P	Kozhikode
Harees.K	Kozhikode
Haris.Muchilottummal	Kozhikode
Haseena	Kozhikode
Hashim.P.P	Kozhikode
Mohamed Ashraf	Kozhikode
Rasheeda.P	Kozhikode
Sabique M.K	Kozhikode
Said Abul Khair	Kozhikode
Usman.M.K	Kozhikode
Savitha.R	Pollachi
Beena Dharman	Thrissur
Elecy P.L.	Thrissur

## Forthcoming Events

May 3-4, 2010

### Professional Development Workshop

by  
P.K. Saru  
and  
C. Suriyaprakash  
Bangalore

July 9-11, 2010

### EATA Conference Prague

August 11-15, 2010

### ITAA Conference Montreal, Canada

January 6, 2011

### Trainers Meet Spanda Foundation, Bangalore

January 7, 2011

### BOC CTA Exams Spanda Foundation, Bangalore

January 8-9, 2011

### MLT 2011 Ashirwad, Bangalore

## SAATA Board of Trustees and Office-bearers

**2010-2012**

*President*

P.K. Saru

*Secretary*

Dr. T.S. Radhakrishnan

*Treasurer*

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*VP – Training and Exams*

Dr. Susan George

*VP – Research and Development*

C. Suriyaprakash

*Trustee*

Sashi Chandran

*Trustee*

Sr. Candida Kandathil

## FEEDBACK SOLICITED

We need your feedback and news to improve this e-bulletin. Please write to C. Suriyaprakash at [suriya.sunshine@gmail.com](mailto:suriya.sunshine@gmail.com)

## MEMBERS' LISTING

Do you want your name, email and website listed on SAATA website? Please send details expressing your consent to be listed to I.A. Mohanraj at [mohanrajia68@gmail.com](mailto:mohanrajia68@gmail.com)

## Eric Berne Centenary Celebrations



Eric Berne was born on May 10, 1910 in Montreal, Quebec, Canada. 2010 marks the Centenary year of Eric Berne's birth. SAATA decided to commemorate this historic period by organising events and by instituting developmental projects. The plan includes:

- Eric Berne Centenary Memorial Endowment Lecture
- Developmental Programmes in various locations in May 2010
- Publishing translated versions of 'TA Today' in Tamil and Hindi
- Instituting a Scholarship Fund
- Instituting a Research Fund

Members are invited to volunteer in any of these activities. We need all the involvement we could get!

## MEMBERSHIP RENEWAL 2010

Members who have not renewed their membership for the year 2010 are requested to do so immediately to avail of the benefits of reduced registration fee for all SAATA events.



**Eric Berne  
Centenary Conference**

**August 12 – 15, 2010**

**DELTA  
CENTRE-VILLE**  
777 University  
Montreal Quebec

## MLT 2011 Trainers' Meet and BOC Exams

The 11th MLT will be held in Bangalore on January 8-9, 2011, hosted by Spanda Foundation and Seed Therapy Centre. There will be BOC CTA exams on Friday the 7th and Trainers Meet on Thursday the 6th. If you are a CTA/PTSTA/TSTA and you plan to travel to India around that time, it would be great if you could stay on for the CTA exams and serve as examiners. Please contact Saru at [pksaru@vsnl.com](mailto:pksaru@vsnl.com) if you would like to be an examiner or would like to take your CTA exam in January 2011 in Bangalore, India.