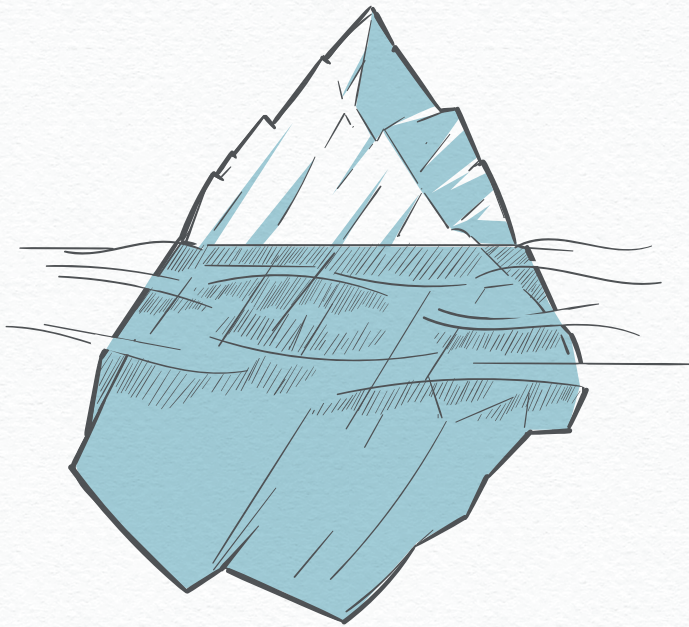


THE UNCONSCIOUS PROCESS

Freud compared the conscious mind to the tip of the iceberg, while the major portion of the internal processes that we call as mind is majorly the 'unconscious.'

Berne saw script as an unconscious decision that the individual makes at an early age and this shape their life.

Transactional Analysts also acknowledge that unconscious process of transference is a fundamental aspect of formation and evolution of every relationship.



This MLL is dedicated to exploring the treasure trove called the 'Unconscious.' We meet with the objective to experientially learn about the unconscious process with focus on the below:

- **Understand Transactional Analysis theories about unconscious**
- **Experience the unconscious process in the group setting**
- **Discover ways to bring unconscious to conscious**
- **Crystallize individual and group takeaways about all of the above**

VENUE

Plaza Inn, Near Railway Station,
90/62 - Geetha Hall Road,
Behind Cheran Towers,
Coimbatore - 641 018.
www.plazainncbe.com,
Phone - 0422 4364646/47/48
Mobile - 95004 80001, 95004 80003

WHAT IS MLL?

Multi-level learning is an event offered by SAATA for trainees and practitioners at all levels, including trainers and supervisors to engage in learning together.

We learn both intentionally and unintentionally. MLL offers a space for both kinds of learning by being part of the process in plenary, small groups and

multi-level supervision sessions. The group work will be driven by both the groups need and the focus of each group.

The unique supervisory arrangement, allows trainees not just to see live supervision of the facilitation of groups but also supervision of supervision, allowing multiple layers of learning to emerge.

WHO CAN PARTICIPATE?

It is best suited for those are willing to mindfully pay attention to their thoughts and feelings as they occur moment to moment as the group takes place and draw insights for themselves from the same.

MLL is for those who have completed at least 120 hours of advanced TA training (as on December 31st, 2019).

Registrations open on **October 15th, 2019.**

Registrations are done on a first-come, first-served basis. Registrations will close as soon as we have 70 participants.

The MLL is not suited for those looking for

- Structured, instructor-led learning
- Personal work or therapy
- Individual supervision

FACILITATORS FOR THE MLL

Anisha Pandya PTSTA (P)

Aruna Gopakumar PTSTA (P)

Chitra Ravi TSTA (P)

Deepak Dhananjaya CTA (P)

Elana Leigh TSTA (P)

Haseena Abdulla PTSTA (P)

Joy Roshan PTSTA (P)

Karina Heiligers PSTA (P)

Marina Rajan TSTA (E)

Prathitha Gangadharan PTSTA (P)

Ragini Rao TSTA(P)

Raguraman K PTSTA (O)

Sailaja Manacha TSTA (P)

P.K Saru TSTA (P&C)

Seema Pradhan PTSTA (P)

Suriyaprakash C TSTA (O)

Susan George TSTA (P)

All MLL facilitators need to attend the MLL Planning meeting on Friday, January 10th, 2:00 - 4:00 p.m.

SAATA TRAINERS MEETING 2020

For trainers only (CTAs, PTSTAs, TSTAs)

Thursday & Friday, January 9th and 10th | 9:30 am - 4:00 pm

SAATA ANNUAL GENERAL BODY MEETING

All SAATA members are invited to attend

Saturday, January 11th | 5:45 pm - 6:45 pm

SAATA BOARD OF TRUSTEES MEETING

For SAATA trustees only (SAATA members can attend as observes, with prior intimation).

Friday, January 9th | 4:30 pm - 5:30 pm

SAATA ADVANCED DIPLOMA ORAL EXAMS

At the MLL Venue. Candidates and examiners to be present by 4.30 p.m

Thursday, January 9th | 5.00 p.m -8 p.m.
Friday, January 10th | 8.00 a.m - 9.30 a.m

PROGRAM OVERVIEW

Thursday, January 9 th	9:30 am - 4:00 pm	Trainers Meeting
Thursday, January 9 th Friday January 10 th (if required)	5:00 pm - 8:00 pm 8:00 am - 9:30 am	SAATA adv. Diploma Oral exams
Friday January 10 th	9:30 am - 1:00 pm 2:00 pm - 4:00 pm 4:30 pm - 5:30 pm	Trainers Meeting MLL Planning SAATA BOT Meeting
Saturday, January 11 th	9:30 am - 5:30 pm 5:45 pm - 6:45 pm	MLL SAATA AGM
Sunday, January 12 th	9:30 am - 5:30 pm	MLL
Monday, January 13 th	9:30 am - 5:00 pm	Workshop by Elana Leigh. Details below.

REGISTRATION FEE*

MLL

MEMBERSHIP	FIRST 30 REGISTRATIONS & BEFORE NOV 15 TH	OTHERS
SAATA Members	₹3,000	₹3,500
Non-Members	₹5,500	₹6,000

ELANA LEIGH'S WORKSHOP

FIRST 30 REGISTRATIONS & BEFORE NOV 15 TH	OTHERS
₹2,500	₹3,500
₹4,500	

*The fee includes lunch, tea and materials

REGISTRATION PROCESS

1. Please visit www.saata.org/MLL2020 to register for MLL 2020 and for Elana Leigh's Workshop on Unconscious Process.

Please make sure you also share your needs for MLL 2020 as it will shape the structure of the MLL.

The form is integrated with a payment gateway and you will be able to pay through Debit Card/ Credit Card/ Net banking. The fee will be calculated and listed according to the choices that you make. Please refer to the payment table. Please note that payment gateway charges will be borne by the participant.

2. For any queries please write to contact@saata.org

WORKSHOP BY ELANA LEIGH

WORKSHOP ON UNCONSCIOUS PROCESSES

If the unconscious hides in very successful ways, why do we yearn to know and understand it? - Perhaps it is our drive to make meaning of our repetitive ways?

The unconscious does not come out to play when we are defensive and protective and even then, it is heavily coded, making our work as counsellors and psychotherapists complex.

To change the past in the present in order to enable a better or different future we need to find ways to allow the unconscious to be more known- a paradox in itself.

JANUARY 13TH
9:00 AM - 5:00 PM
PARK PLAZA, COIMBATORE

This one-day workshop will address the following:

- Explore definitions of the unconscious
- Explore the significance of making meaning of unconscious processes
- Explore methods both of melting defences and decoding the unconscious

This will be both a didactic and experiential workshop where participants will have the opportunity to explore both client and personal material.



ABOUT THE FACILITATOR

Elana Leigh: Msc Integrative Psychotherapy (UK)
B.Soc.Sci Social work (UCT) TSTA (ITAA)
Current President of the ITAA

Elana works as a psychotherapist, supervisor and trainer in Sydney Australia. She Trained in London and whilst having graduated as an Integrative psychotherapist identifies today as a Relational Analyst.